

How to spot diabetic ketoacidosis (DKA)

A guide for adults with type 1 diabetes taking ZYNQUISTA

Your doctor has added ZYNQUISTA to the insulin you've been taking for type 1 diabetes. ZYNQUISTA is a medicine called a sodium-glucose cotransporter (SGLT) inhibitor—it is the first oral medicine proven to improve blood sugar control for adults with type 1 diabetes on insulin.

SGLT inhibitors may increase your risk for DKA. DKA is normally associated with missed insulin doses and high blood sugar levels. When using an SGLT inhibitor, DKA may occur even if your blood sugar levels aren't abnormally high.

Being able to recognize the signs and symptoms of DKA when your blood sugar appears normal is important.

If you don't do something about DKA when it starts, it can be serious. But you can reduce the risk. You can also know how to spot DKA and know what to do if it does happen.



RISK FACTORS FOR DKA:

- Missed or not enough insulin
- Missed or skipped meals
- Insulin delivery problems, like pump failures
- Infection or illness
- Drinking too much alcohol
- Taking certain medicines
- Pregnancy
- Psychological stress



EARLY SIGNS OF DKA INCLUDE:

- Nausea
- Thirst or dry mouth
- Going to the bathroom more than usual
- High ketones in urine and blood
- High blood sugar levels



SIGNS AS DKA PROGRESSES:

- Fatigue or always feeling tired
- Dry or red skin
- Breathing fast
- Fruity-smelling breath
- Lack of focus and confusion
- Stomach pains or vomiting

GET HELP IF YOU HAVE ANY OF THESE DKA WARNINGS SIGNS

If nausea turns to vomiting, and if vomiting persists, contact your doctor or your diabetes care team right away or go to the hospital.

If you are worried that you are experiencing DKA and you're not sure what to do, call your diabetes care team or go to a hospital, especially if warning signs do not resolve in 4 to 6 hours.

To learn about ZYNQUISTA, go to zynquista.com



STEPS TO REDUCE THE RISK OF DKA:

- Test your blood sugar regularly
- Take your insulin as prescribed
- If you wear a pump, always make sure it is working right
- Check your urine or blood for ketones; do this every 4 to 6 hours if you're sick or have the flu
- Drink plenty of fluids
- Ask your doctor about the best ways to prevent DKA

If you're taking ZYNQUISTA and notice the DKA warning signs we talked about, here are the steps to follow:

- 01** Stop taking ZYNQUISTA
- 02** Take your insulin injection
- 03** Eat more carbs
- 04** Drink plenty of fluids
- 05** Check your ketone levels every 3 to 4 hours

[Placeholder for wallet card]

WHAT IS ZYNQUISTA?

ZYNQUISTA is an oral medication used along with insulin that improves blood sugar control for adults with type 1 diabetes.

IMPORTANT SAFETY INFORMATION FOR ZYNQUISTA

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