



Improving the Chemotherapy Experience™

About the By My Side™ *Voices of Experience Support Network*

The *Voices of Experience Support Network* is part of the By My Side™ education program designed to help cancer patients and their caregivers by raising awareness about chemotherapy and its side effects. *Voices of Experience* provides free, confidential, one-to-one assistance to patients and caregivers dealing with cancer and cancer treatments.

One-to-One, Individualized Matches

You will be matched with someone who has had an experience similar to yours, based on criteria such as cancer type, stage of tumor, treatment type, side effects experienced, psychological issues, and other considerations including age, gender, and geographic location.

Trained and Certified Volunteers

Volunteers are cancer survivors and caregivers who understand your needs, fears, and concerns. Once you are matched with a volunteer, you will have an invaluable resource for openly discussing what you are experiencing.

Free and Confidential Support

The *Voices of Experience Support Network* is coordinated by the Cancer Hope Network, a non-profit organization with an established history of providing support to cancer patients and their caregivers. Membership is free and confidential, and communication is generally conducted by telephone.

Simple Sign-Up Process

Signing up for the *Voices of Experience Support Network* is easy. Just visit www.ByMySide.com, type in your name and telephone number, and someone will contact you to begin the individualized matching process.



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About By My Side™

By My Side: Taking Charge of Cancer Treatment™ is a multimedia educational program that was developed in April 2002 to raise awareness about chemotherapy-related infections and other chemotherapy side effects.

By My Side™ offers a wealth of free information on both the “visible” side effects of chemotherapy (such as nausea and hair loss) and the “hidden” side effects (such as infection, anemia, and emotional distress), and provides tips on preventing and managing them.

The program offers a variety of resources:

- **Patient Guide to Starting Chemotherapy**
 - Comprehensive booklet that addresses what to expect when undergoing chemotherapy and how to help improve the overall chemotherapy experience
- **Web site**
 - Visit www.ByMySide.com
- **Voices of Experience**
 - Support network for cancer patients and caregivers designed to address their overwhelming need to talk to those who have been through similar experiences
 - Supported by the Cancer Hope Network
 - Sign up at www.ByMySide.com
- **Improving the Chemotherapy Experience™ Town Forum meetings**
 - Free Town Forum for cancer patients, their families and friends, and medical professionals at which local experts and some patients discuss how to prepare for chemotherapy, help manage the emotional and physical side effects, and direct patients to appropriate resources
 - In partnership with Amgen, The Leukemia & Lymphoma Society and CancerCare

For more information about the By My Side™ program, call toll-free 1-866-By-My-Side (1-866-296-9743) or visit www.ByMySide.com.

